

## SPECIAL DIET REQUEST FORM

Allergies and special diets are a common concern for many. DeColores En Cristo cooks are experienced with accommodating most diets including food allergies, religious restrictions, and other health-related diets. We are happy to work to accommodate any diet; however, this form must be submitted two weeks prior to the start of the weekend.

Please note: Special diet requests are for food allergies, religious restrictions, and other health-related needs only. Requests should not be made for food preferences, personal taste, or for “picky eaters”: the cooks cannot accommodate these requests and they will not be honored. Vegetarian alternatives are available at each meal and unless a true medical need, should not be requested here.

Example of special diet requests include: gluten-free diet, kosher meals, peanut allergy, lactose intolerance, etc.

Please complete this form and submit to the Head Cook at least two weeks prior to the start of the weekend:

Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Medical condition or religious need: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Special diet request:

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